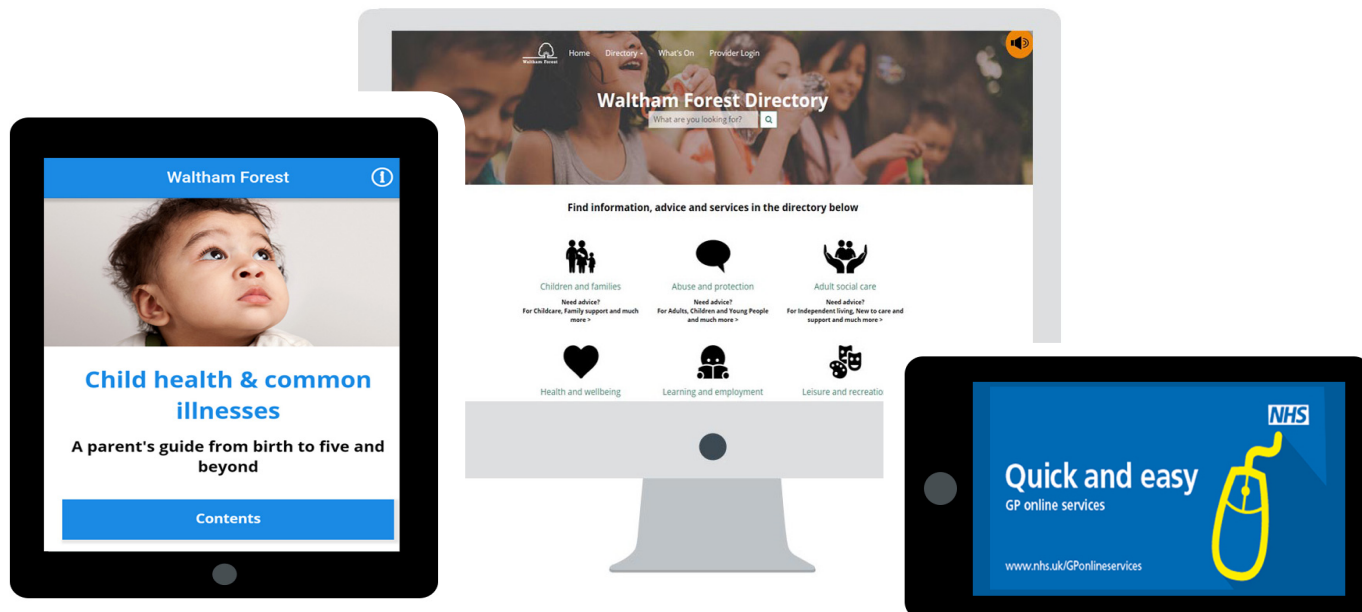


# Digital Health Event

## Come and join us!



There are many digital solutions available to help you manage your health. By digital we mean systems and websites that you can access via the internet.

This includes booking an appointment with your GP on the internet to managing long term conditions using an app on your phone.

**Who should attend?** Members of the public, professionals and the voluntary sector who want to learn more about digital health solutions.

### Agenda:

- Date:** Tuesday 18 April 2017
- Venue:** The Hall, Leytonstone Library, 6 Church Lane, Leytonstone, E11 1HG
- Times:** Event starts at 6pm

### Outline of event:

- 6:00pm** Event open – catering provided
- 6:30pm** Presentations on the benefits of GP Patient Online Services: Dr Phil Koczan and Digital Wellbeing demonstration - Chris Hutson
- 7.15pm** Co-design sessions: GP website, health advice on web and digital wellbeing platforms.
- 8:00pm** Future of digital health - open discussion
- 8.30pm** event ends

If you would like to attend please RSVP to [communications@walthamforestccg.nhs.uk](mailto:communications@walthamforestccg.nhs.uk) or call 020 3688 2604 by 17 April 2017.