

End of Life Care in Waltham Forest



Facts

- We will all die at some point!
- Some of us will die peacefully in our sleep.
- Some of us will die suddenly due to an accident.
- Some of us will know that due to our medical condition we will die soon.

End of Life Care

- Is about the care we provide when we know you are going to die within the year, sometimes called palliative care.
- It is when no medication, surgery or any other treatment can make you better.
- It is about keeping you safe, comfortable, pain free and supported.

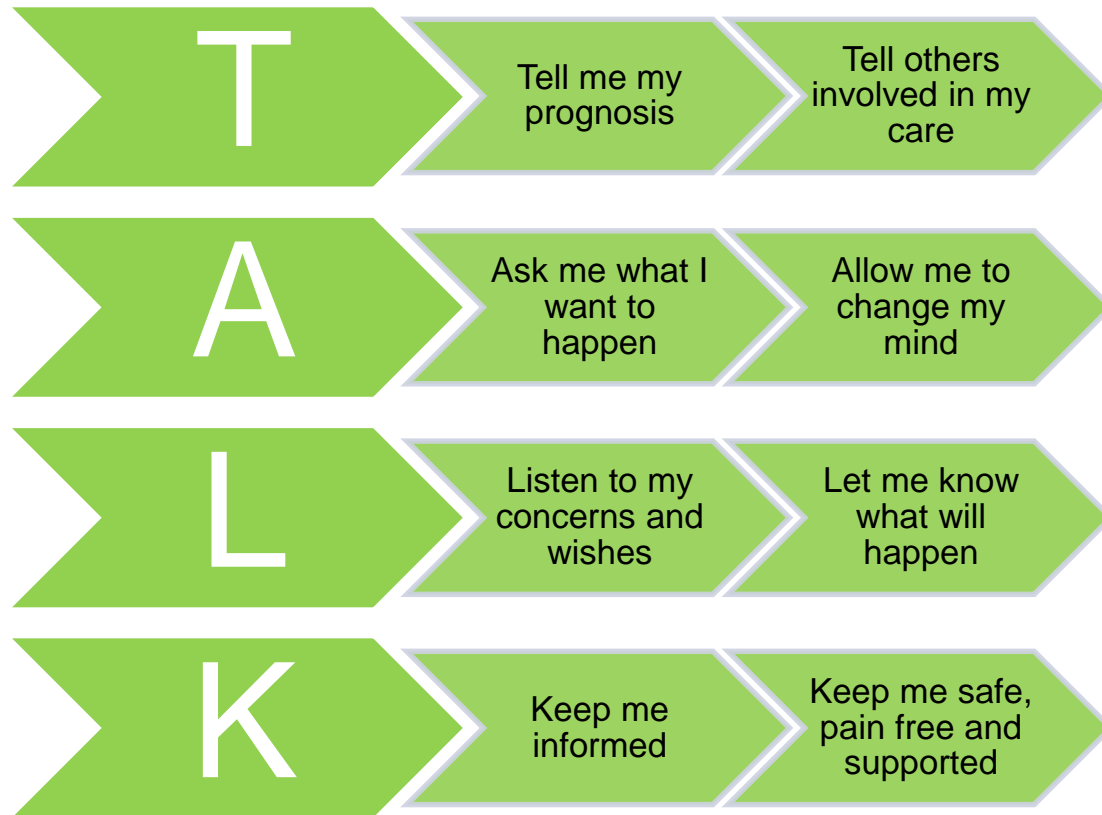
End of Life Care in Waltham Forest

- In Waltham Forest, around 1,500 people die in Waltham Forest each year
- More people nearing the end of their life die in hospital than any other London borough - 74%, compared to the London average of 64%, and England average of 57%.

What services does Waltham Forest have now?

- A palliative care community service that supports people who have been to hospital and are now at the end of their life. It runs from Monday – Friday, 9am – 5pm
- A hospital-based palliative care ward called the Margaret Centre
- A community nursing team
- An out-of-hours GP service
- A hospice

What have people said they want at the end of their life?



What we are trying to do

Ensure more people are able to die in the place of their choice.

What is the process?

- We have developed a plan that we think will make things better. [You can read it here.](#)
- We have used two real life case studies to help to guide us.
- Before we change any services, we want to know more about what you think and want us to consider.

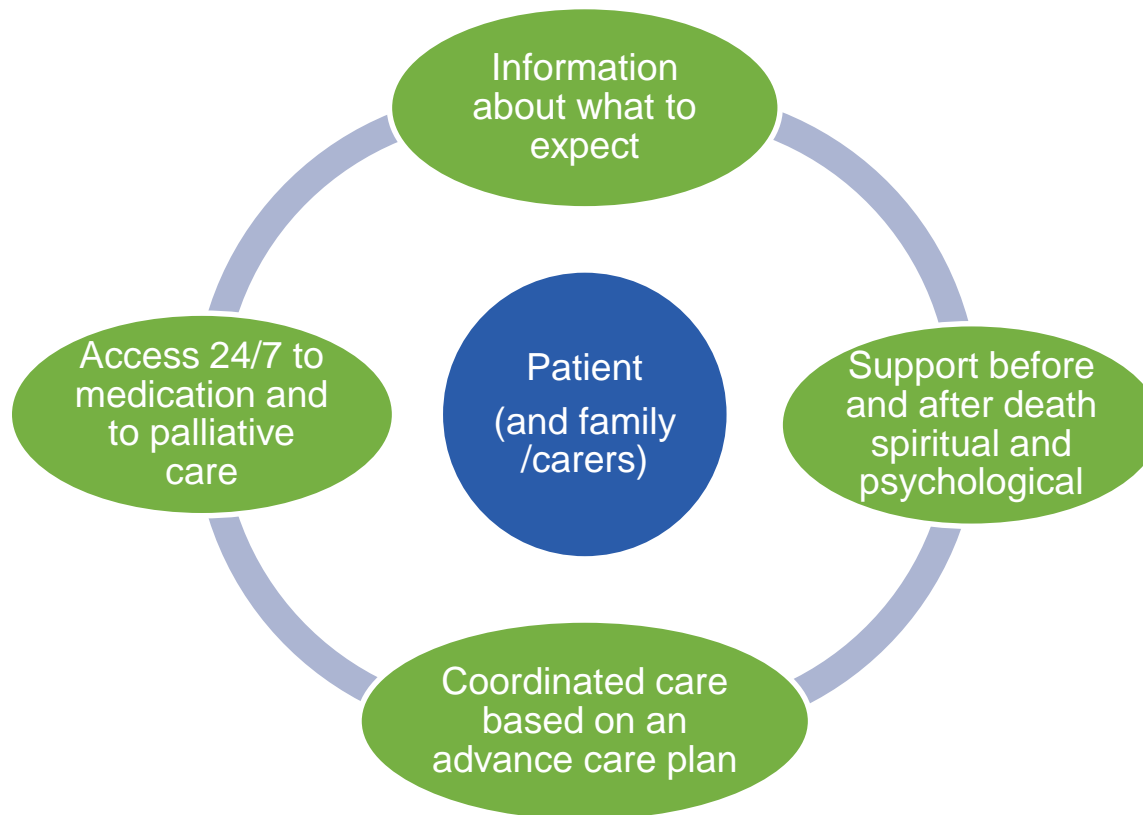
How we plan to do it

- Make sure that when a person wishes to die at home (or in a care home) we have put services in place to allow this.
- Make sure that people have a range of options that allow them to die in their preferred place.
- Provide good services in the community and in hospital for End of Life Care.

How will we measure this?

- Get more people to plan for their End of Life Care.
- Get more people on the GPs register to plan for their End of Life Care.
- Have fewer people ending up in hospital as an emergency when they are dying.
- Have more people who lose someone be satisfied with the care their loved one received.

What needs to be in place



Tell us what you think

Visit <https://www.surveymonkey.com/r/WFendoflifecare> to explain what you think needs to happen with end of life care services in Waltham Forest.

Your feedback will be used to decide what community and hospital support is needed.