

Eyecare

Community Ophthalmology Service:

Waltham Forest CCG Community Ophthalmology Service which includes glaucoma, diabetic retinopathy monitoring and a Minor Eye Conditions Service (MECS) is available for all patients 18+ who are registered with a GP in Waltham Forest.

The aim is to deliver high quality care for routine eye problems within a community setting, thus providing quick access to advice and treatment that is easily accessible and nearer to patient's home.

Minor Eye Conditions Service (MECS)

The MECs service provides treatment free of charge for patients experiencing recently occurring eye conditions. We have recently extended the scope of the service, and it is now available to all children aged 10+ who are registered with a GP in Waltham Forest.

The MECs is a self-referring service provided by local optometrists with the knowledge and skills to see patients at a number of locally approved optician's practices.

The MECS provides treatment for the following conditions for patients 18+:

- Differential diagnosis of red eye
- Blurred vision
- Dry Eyes
- Watery eyes
- Lid lesions
- Floaters/flashing lights
- Retinal lesions
- Field defects
- Corneal Abrasion
- Blepharitis
- Epiphora
- Chalazion
- Pingueculum
- Pterygium

The MECS provides treatment for the following conditions for children age 10+:

- Reduction in vision in one or both eyes:
- Eyelid pathology: Blepharitis and Meibomian Cyst
- Red Eye

Please avoid visiting Whipps Cross Accident & Emergency/Eye Casualty department for the above listed eye conditions.

Patients can make direct contact with any of the approved practices listed below to request for an appointment for the Minor Eye Conditions Service.

- **Henry Morgan Opticians:**
3 Bank Buildings, Highams Park, E4 9LE
Phone: 020 8527 2723
henrymorganopticians.co.uk
- **Scrivens Opticians:**
583 Lea Bridge Road, Leyton, E10 6AJ
Phone: 020 8509 2467
<https://scrivens.com/branch/leyton>
- **Specsavers Chingford:**
26 Old Church Rd, Chingford E4 8DD
Phone: 020 8506 3780
<https://www.specsavers.co.uk/stores/chingford>
- **Specsavers Walthamstow:**
203 High St, Walthamstow, E17 7BH
Phone: 020 8520 7200
<https://www.specsavers.co.uk/Walthamstow>
- **Care Optics:**
14 The Broadway, Woodford Green, IG8 0HL
Phone: 020 3551 6075
<https://www.careoptics.co.uk/>
- **K. Bahri Opticians:**
188 High Rd, Woodford Green, IG8 9EF
Phone: 020 8504 0438
<https://www.bahriopticians.co.uk/>
- **Rose Opticians:**
583 Cranbrook Road, Gants Hill, Ilford, IG2 6JZ
Phone: 020 8551 5353
<http://www.roseopticians.co.uk/>
- **Forest Gate Eye Clinic and Home Visits:**
47 Woodford Rd, Forest Gate, London E7 0DJ.
Phone: 020 8181 9171
<https://forest-gate-eye-clinic-home-visits-optician.business.site/>