

Community Services: Colorectal, Gynaecology and Dermatology

NHS Waltham Forest Clinical Commissioning Group (WFCCG) has commissioned community colorectal, gynaecology and dermatology services from the Community Specialist Clinics (CSC) for all patients registered with a Waltham Forest GP Practice.

Colorectal Clinics

In these clinics, colorectal experts work alongside consultants to perform procedures such as rigid sigmoidoscopy; proctoscopy; haemorrhoid injections and banding using the most up to date equipment. They diagnose and treat a broad range of colorectal diseases and conditions.

CSC see patients suffering with any benign colorectal condition including:

- PR bleeding with or without symptoms
- Haemorrhoidal diseases
- Anal pain & itching
- Chronic Constipation
- Anal Fissure
- Anal/faecal Incontinence
- Rectal prolapse

Clinic Locations:

<p>Ching Way Medical Centre First Floor, 7 Ching Way Chingford E4 8YD</p>	<p>Oliver Road Polyclinic First Floor, 75 Oliver Road Leyton E10 5LG</p>
<p>Telephone: 020 8430 7675 Website: http://www.communityspecialistclinics-csc.co.uk</p>	
<p>Access criteria: Patients can access the service via Waltham Forest GPs only.</p>	

Gynaecology Clinics

This service provides assessment, diagnosis and treatment, including education and information to promote self-care for all women 18 years or above with menstrual problems (including menorrhagia), pelvic pain and superficial dyspareunia.

This specialist service also carries out smear tests for women who are very anxious or who find smears very painful. Facilities are available for routine investigations and procedures like coil insertion/removal, cervical polypectomies, insertion of pessaries and vulvar and pipelle biopsies. The service also covers menstrual disorders and uro-gynaecological conditions such as prolapse, incontinence and pelvic pain.

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Gynaecology Ultrasound Scan Clinics are carried out at the Ching Way site in Chingford. There are 2 types of scans:

- **Transvaginal Ultrasound**

This is used to look at a woman's reproductive organs, including the uterus, ovaries, and cervix across or through the vagina. There are no known harmful effects of transvaginal ultrasound on humans. Unlike traditional x-rays, there is no radiation exposure with this test.

- **Abdominal Ultrasound**

Abdominal ultrasound is an imaging procedure used to examine the internal organs of the abdomen. An ultrasound machine creates images that allow various organs in the body to be examined. The machine sends out high-frequency sound waves, which reflect off body structures to create a picture. Unlike with x-rays or CT scans, there is no ionizing radiation exposure with this test.

Dermatology Clinics

The Leyton Practice is a joint Provider of Specialist Dermatology Services and is supported by the Whipps Cross Hospital Consultant Dermatologist to offer the service for Waltham Forest patients. The community service undertakes dermatoscopy which is a non-invasive examination of skin lesions with a dermatoscope that allows visualisation of subsurface structures of the skin that are not visible with the naked eye. Cryotherapy and acne treatments are also provided.

The service runs two clinics a week, one at **Leyton Healthcare** and the other at **Langthorne Health Centre**. A dermatology minor operations clinic is also held on a weekly basis for (e.g. removal of moles and skin lesions) and this provided in-house at these centers:

Leyton Healthcare 4 th Floor Oliver Road Poly Clinic 75 Oliver Road London, Greater London, E10 5LG	Langthorne Health Centre, 13 Langthorne Road Leytonstone, London E11 4HX
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Telephone: 020 8430 8282

Website: <http://www.leytonhealthcare.org.uk/>

Access criteria:

Patients can access the service via Waltham Forest GPs only.